

## Redwood Children's Services, Inc.

(RCS) is a non-profit, public benefit organization serving children and families in Mendocino, Lake and Sonoma Counties. Incorporated in October 1995, RCS began as a Foster Family Agency with a vision to grow and expand services to children and families in our communities.

RCS has grown into a multi-program "Family Service Agency". Our purpose is to provide placement, permanency, counseling and community service options for children through a family sensitive, child focused, strength based approach to care.

Our goal is to strengthen families and empower our communities' most vulnerable children through programs and services that benefit in building a healthy and whole community... one child and one family at a time.

### ***Our Mission:***

*To improve the lives of children, youth and families by providing community support and quality therapeutic services.*

### ***Our Values:***

*RCS believes that through staff commitment and providing a sense of community, we will assist our youth to develop healing relationships.*

*RCS strives to help our children gain power in their lives, believe in themselves, and ultimately trust others enough to give and receive love. RCS is committed to developing programs that ensure our children's long-term success.*

## UKIAH ACCESS

**376 E. Gobbi St., Ste. B  
Ukiah, Ca 95482  
Phone: (707) 467-9065**

## FORT BRAGG ACCESS

**32670 Highway 20, Ste. 6  
Fort Bragg, Ca 95437  
Phone: (707) 961-0308**

## HOURS OF OPERATION

We are always here to talk if you have further questions or need support and resources:

**24 hours a day, 7 days a week.**

EISS Walk-Ins are seen Monday through Friday, 10:00am-3:00pm, with appointments scheduled Saturday and Sunday as needed.

**1-855-838-0404**



***"RCS is an equal opportunity provider and employer"***

# RC<sup>3</sup>

Redwood  
Children's  
*hope* Crisis  
Center

## MENDOCINO COUNTY

**Experiencing a mental health emergency?**

**Please call 1-800-555-5906.**

**Experiencing a life threatening emergency? Please call 911.**



**REDWOOD CHILDREN'S SERVICES, INC.**

***"Taking action to enrich our children's future."***

**[www.rcs4kids.org](http://www.rcs4kids.org)**

## RC3 OVERVIEW

Available **24 hours a day, 7 days a week**, Redwood Children’s Services provides emergency evaluation and intervention services through our Redwood Children’s Crisis Center (RC3). These services are often the first step in the consumer’s journey, as staff evaluates psychiatric symptoms and refers consumers to additional services.

**Services are provided to children, youth, and young adults (up to their 25th birthday) and their families.**

### Fast Facts

- *RC3 has two Crisis Centers, located inland and on the coast.*
- *Our friendly staff are standing by 24/7 to assist you with de-escalation and re-resources over the phone, as well as pro-vide emergency mental health assessment at local ERs.*
- *Services are focused on prevention, intervention, linkage, referral, safety planning, instilling hope and providing support.*

## EISS

### Early Intervention Support

#### ***Are You Feeling Overwhelmed or Stressed?***

We can help! Many people in crisis who need immediate help with symptoms of a mental illness go to local hospital emergency rooms and wait a long time for care. **Early Intervention Support Services (EISS)** offers an alternative for those who are not in need of psychiatric hospitalization.

Finding your way to wellness and recovery during times of crisis is not always easy. EISS helps children, youth, and young adults in Mendocino County who are experiencing emotional problems.

EISS focuses on helping you choose your best path while building and reinforcing coping skills and support networks. The program emphasizes wellness and recovery principals that will see you through the immediate crisis and future challenges.

#### ***Get the Help You Need, When You Need It***

To access crisis services, visit EISS during office hours. You do not need to make an appointment. Soon after arriving, you will meet with a team member who will help you create a plan to better manage your problems and begin feeling better. Our team will work with you to find the best treatment option available.

## CSS

### Crisis Screening Services



RC3 understands that a psychiatric emergency can be a frightening experience for you and your family. A psychiatric emergency can include feelings of hopelessness, self-harm, harm to others, psychosis, depression, anxiety and other symptoms.

When you call a specialist will assess your needs and do one of the following:

- Schedule an appointment for an evaluation
- Refer you to a different service
- Have a Crisis Team Member meet & assist you
- Direct you to go to the Emergency Room