

Redwood Community Services, Inc.

(RCS) is a non-profit, public benefit organization serving children and families in Mendocino, Lake and Sonoma Counties. Incorporated in October 1995, RCS began as a Foster Family Agency with a vision to grow and expand services to children and families in our communities.

RCS has grown into a multi-program “ Family Service Agency”. Our purpose is to provide placement, permanency, counseling and community service options for children through a family sensitive, child focused, strength based approach to care.

Our goal is to strengthen families and empower our communities’ most vulnerable children through programs and services that benefit in building a healthy and whole community... one child and one family at a time.

Our Mission:

To improve the lives of children, youth and families by providing community support and quality therapeutic services.

Our Values:

RCS believes that through staff commitment and providing a sense of community, we will assist our children, youth and families to build positive relationships and lead meaningful lives.

RCS strives to help our children gain power in their lives, believe in themselves, and ultimately trust others enough to give and receive love.

RCS is committed to developing programs that ensure our children's, youth's and families' long-term success.

Treatment Foster Care Oregon History

The Treatment Foster Care Oregon (TFCO) model was developed at the Oregon Social Learning Center in Eugene in 1983 and was developed for youth in the juvenile justice system. It was later extended to encompass work with youth from mental health and social service systems. The TFCO model is based on studies of the manner in which a youth’s living environment influences behavior, attitudes and emotional growth.

The TFCO model involves surrounding the youth with a highly supervised and structured environment that prevents the further development of antisocial behaviors and promotes the development of new social skills and positive behaviors that help the youth to be successful at home, school and in the community.

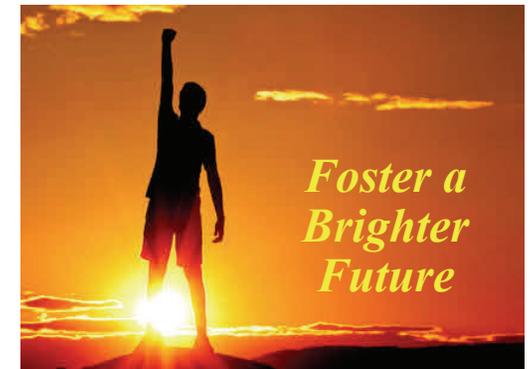
The TFCO model is a relatively nonrestrictive community based placement program that can be used in lieu of residential or group home care to assist youth in transitioning back to their family. TFCO is less expensive than placement in traditional settings and has proven to be more effective in reducing antisocial behaviors.

**Call our TFCO Recruiter
(707) 467-2000**



“RCS is an equal opportunity provider and employer”

Treatment Foster Care Oregon (TFCO)



**350 E. Gobbi Street,
Ukiah, CA 95482
(707) 472-2922**



“Taking action to enrich our children’s future.”

www.rcs4kids.org

THE TFCO MODEL

Treatment Foster Care Oregon was developed in the 1980's to assist youth with stabilization and reunification with a parent or other permanent caregiver. Youth involved with TFCO have been in multiple failed placements and exhibit emotional and behavioral problems that cause problems in all aspects of their lives. The program focuses on decreasing antisocial behaviors and replacing them with developmentally appropriate behaviors and social skills. These new skills help the youth experience success, perhaps for the first time, at home, in school and in the community.

This change is accomplished by providing:

- *close daily supervision;*
- *fair, clear and consistent behavioral goals;*
- *predictable consequences and rewards for following the rules;*
- *a supportive relationship with at least one mentoring adult;*
- *less exposure to delinquent peer groups and negative influences;*
- *positive reinforcement as the youth refocuses on educational goals and life skills accomplishments.*

The TFCO interventions are multifaceted and occur in multiple real life settings. Components include:

- *Parent training and support for the foster parents and the youth's permanent home situation;*
- *Life skills and job skills training programs;*
- *Family therapy for the biological+ families;*
- *Supportive therapy for the youth and his family;*
- *School based behavioral interventions and academic support;*
- *Psychiatric consultations and medication management as needed.*

TFCO works with youth 12 to 17 years of age offering short term intense treatment for 6-9 months and is limited to one foster child per home. The foster parent is a member of a professional team and will receive a high level of support and training to ensure success of the program.

THE TFCO FOSTER PARENTS

Our foster parents provide close supervision and implement a structured individualized behavior modification program.

Working with the youth's foster parents, the Program Supervisor designs a program built on the youth's strengths, but also sets clear rules, expectations and consequences that everyone agrees to follow. The program provides the framework for stability.

The TFCO parents will be taught how to implement the program by:

- *Attending a two day pre-placement training with the Program Supervisor and other foster parents;*
- *Participate in weekly group team meetings for each youth to have the best plan in place;*
- *Receive access and support from the Program Supervisor 24/7 if assistance is needed.*

In addition, the TFCO foster parents will have daily contact with a team member who will keep up to date information on the youth's progress. The close supervision and daily phone communication allows the team to quickly respond to developing problem behaviors.

THE YOUTH

Youth in the program exhibit challenging behaviors that require an individualized approach to meet their needs.

They have felt little success in life and respond well to support and encouragement in a structured stable home environment.

These youth are supervised closely in the home, at school and in the community. Treatment, training and support provided are designed to help youth decrease antisocial behaviors. They receive individual therapy, skills training, and academic support to help them feel a sense of progress.

Skills training takes place in the community setting to help youth develop constructive and acceptable social relationship skills and to provide recreational and occupational opportunities for good behaviors.

THE YOUTH'S FAMILY

The biological family or the youth's care giver is an important part of the team. They receive parent training, and family therapy while learning to discipline, supervise and encourage their youth with the same skills used in the foster home. Family therapy sessions and home visits provide the family and the youth with the opportunity to practice newly learned parenting skills, receive feedback and get support from the team.

THE TREATMENT TEAM

The treatment team in the TFCO program works together to assist the youth in improving his behavior so that he can return home. Team members are:

- *the Program Supervisor who will serve as the coordinator of all services and will be the primary contact for the foster parents in the program;*
- *the foster parent;*
- *the family therapist;*
- *the youth's individual therapist;*
- *the youth skills trainer;*
- *the parent daily report (PDR) staff person who will chart the youths progress.*

Team members are required to meet weekly to review the daily behavior information collected, review the progress and adjust individualized programs and support services as needed.

The PDR will call the foster parent Monday –Friday to go over a checklist of behavior modifications that the child is working on changing and ask if any other assistance is needed from the team.